

Kenwood School Newsletter

Principally Speaking

February 7, 2018

I would like to invite all of our families to join us for the annual KSA sponsored “chili cook off,” which takes place on Friday, February 16th from 6:00-8:00 p.m. at the Kenwood Depot. This fun event is open to anyone who would like to enter a “homemade” chili recipe. There is no charge for families to attend and to taste as many different chili recipes as you like. If your schedule permits, please make plans to join in the fun!



UPCOMING EVENTS

- 2/5-2/9 Sixth Grade Outdoor Education to Marin Headlands**
- 2/8 Grade 4 Field Trip to Green Music Center, 9:45-1:15 p.m.**
- 2/8 Grade 5 Field Trip to Green Music Center, 9:45-1 p.m.**
- 2/8 After School Art Club First Class Begins, 3:05-4 p.m., Grades 3-6**
- 2/8 Board of Trustees Meeting, School Library, 4 p.m.**
- 2/12 Local Holiday—No School Lincoln’s Birthday**
- 2/16 SAVE THE DATE: KSA Chili Cook Off, 6-8 p.m., Kenwood Depot**
- 2/19 No School: Presidents’ Day Holiday**
- 2/20 KEF Meeting School Library, 6 p.m.**
- 2/22 Grade 1 & 2 Field Trip to Luther Burbank Center, 8:30-11:15**
- 2/26 No School: Teacher Work Day**
- 2/28 K Field Trip to Mary’s Pizza, 9-11**
- 3/9 KEF Big Heart Event: SAVE THE DATE**
- 3/14 Grade 6 Field Trip, Ag Days, 8:40-11:45**
- 3/30 Grandparents and Special Friends Day**

School Safety News:

Please do not park in the red zone in the front of the school. Thank you.



Happy Valentine's Pets

Valentine's coin drive for Pets Lifeline!



On February 13th- 23rd we will be having a coin drive for Pets Lifeline. We will use the money we have collected for Pets Lifeline to buy the stuff they need like cat and dog toys, cat and dog food, and cat and dog beds.

Thank you for reading!

Rainbow Garden Preschool News

Rainbow Garden is now accepting enrollment applications for the 2018-2019 school year.

Rainbow Garden Preschool
(707)833-6551

Kindergarten Registration for Kenwood Residents

Please stop by the office for Kindergarten Registration Forms. You must reside within the Kenwood School District boundaries and your child must turn 5 by September 2, 2018 for Kindergarten or by December 2, 2018 for Transitional Kindergarten.

Homework Club meets on Mondays from 3:05-3:45 in the Grade 4 or Grade 6 classroom.

School Lunch News:

On Facebook, search for the "Kenwood Café" to find out about our exciting school lunch program.

Main Office: 833-2500

Attendance Line: 341-0102

Cougar Club: 833-4383

Rainbow Garden Preschool: 833-6551

Kenwood After School Art Adventure Club

Come join us on Thursdays for an artistic adventure learning to draw and painting school murals. Develop your drawing skills using perspective, proportion, etc.

**Grades 3-6
Thursdays 3:05-4 pm**

taught by art specialist Maria Crane (mariacrane.com)

**Cost \$70 per student for 7 classes, includes all materials
dates: 2/8,15,22 and 3/1,8 (no class 3/15) 22 and 29.
Limited to 10 students**

Please fill out the bottom of this page and return it to the office no later than February 8th with a check made payable to Kenwood School. If you have any additional questions feel free to contact Maria Crane at 322-8002

Kenwood School After School Art Adventures

Student's Name _____ **Grade:** _____

Parents/Guardian Name _____

Address _____ **zip** _____

Telephone Number _____

email _____

Attend the Chili Cook-Off

February 16, 2018

6:00 - 8:00 p.m.

Location: Kenwood Depot
314 Warm Springs Rd, Kenwood, CA
95452

This KSA event is free for all to attend. There is no charge for the chilies that you will taste and judge. The only thing we ask is that you vote for your 3 favorite chilies and enjoy a fun evening getting to know the families of Kenwood School. Making a chili is NOT required to attend.

Raffle tickets are \$10 each.



How to Enter a Chili

1. Tell us you will be making a chili. Go to: <https://www.kenwoodschoolassociation.com/chili-cook-off> and click the "Enter a Chili" button
2. Make your Chili. You must make at least one gallon of Chili. This is about 1 crockpot full. Alcohol can NOT be an ingredient.
3. Bring your chili to the Kenwood Depot at 5:30 p.m. on 2/16/2018 and place in the chafing dish that will be provided for you. Stay and serve your chili.



building brighter futures for our children and families



child parent institute

SIX WEDNESDAY EVENINGS

February 21 - March 28, 2018 | 7:00pm - 8:30pm

Santa Rosa Accelerated Charter School 4650 Badger Road, Rm 1

- or -

SIX FRIDAY MORNINGS

February 16 - March 3, 2018 | 9:30am - 11:00am

Child Parent Institute, 3642 Standish Avenue, Santa Rosa

COST

\$120 per person for the full series of six classes

TO REGISTER

visit www.calparents.org/classes

or call (707) 585-6108 extension 1240 or 1220

PARENTING ADVANCED LEARNERS

A series of Six Discussion-Based Classes

Facilitated by
Karen Littell, MSW

Parenting advanced learners can be wonderfully rewarding. It can also be challenging and exhausting!

This series offers in-depth information about nurturing sensitive, intense, creative, and insatiably curious children. Topics will include understanding and accommodating intensity, meeting social/emotional needs, peer relationships, perfectionism, procrastination, motivation, underachievement, self-regulation, executive function skills, homework help, depression, stress, idealism, twice-exceptional children (gifted plus other issues), frustration tolerance, and much more! You will also have access to a comprehensive lending library.

Please join us for good company, support, lively discussion, and plenty of useful strategies!



Karen Littell, MSW, served for four years on the statewide board of the California Association for the Gifted, and has both attended and presented many workshops related to parenting gifted children. She created and chaired the Northern California CAG Symposium, a conference designed to increase the capacity of parents and educators to keep gifted children engaged and challenged at school and thriving at home. Ms. Littell delivered the keynote address at the 2015 Humboldt County GATE Academy and continues to present to school districts throughout our region. She has many years of experience counseling children and families. This will be Ms. Littell's tenth cycle as facilitator of Parenting Advanced Learners.



calparents.org | 707.585.6108

building brighter futures for our children and families



child parent institute

MONDAY MORNINGS 9:00AM - 10:30AM

Child Parent Institute, 3642 Standish Ave, Santa Rosa, Rm 120

January 22 | January 29

February 5 | February 26

March 12 | March 26

April 9 | April 23

COST

This class is free of charge and offered on a drop-in basis. No pre-registration is necessary.

Please join us for good company, support, and plenty of useful strategies!



PARENTING THROUGH RECOVERY FROM NORTH BAY FIRES

The North Bay fires affected our entire community. People who lost their homes were particularly highly impacted. Children who are in the process of recovering from the fires can greatly benefit from skilled guidance from family members. It can help a great deal for parents to learn about thoughts, feelings and behaviors that their children might experience in the coming months, and how to guide their children through a process that can at times feel overwhelming. It can also be beneficial to learn about red flags that might indicate a need for professional help.

Parents who have lost their homes to the North Bay fires are invited to participate in parenting groups that teach about the progression of post-disaster recovery. By gathering in a forum with others who have endured a similar experience, participants have been receiving support, empathy, and resources, and gaining strength, hope, and concrete strategies. Parents are able to safely process their own experiences and share insights about guiding their children. As parents become more resilient, they are better able to foster resilience in their children.

If you lost your home, we hope
that you will join us in these free groups.



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