

KSA Jog-A-Thon

Friday, September 29th
8:45-10:00 am



Get donations:

<https://app.99pledges.com/fund/ksajogathon2023>

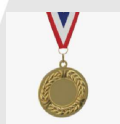
It's time for KSA's annual Jog-a-thon fundraiser.

All pledges (flat donations or per lap) must be made through the 99Pledges website listed above. If we have your email, you should have received an email with a link to your child's specific page.

Our goal is for each student to raise at least \$100, so be sure to share with your child's aunts, uncles, grandparents, neighbors and close friends. Those \$5 and \$20 donations will add up.



**Popsicle Treat
after lunch**



Medals

Awarded to top number of laps by a boy and a girl in each grade.

Drawing for prizes!

Earn a raffle ticket for every \$25 raised

3 Raffle winners will have a choice of one of the below prizes:



Kenwood School Association
Students • Teachers • Parents • Community



KID'S KINDLE



RAZOR SCOOTER



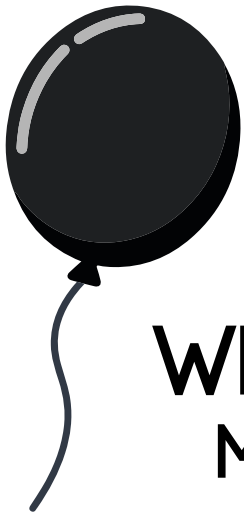
TREE-POD FORT



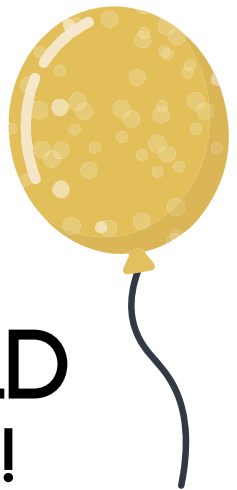
KENWOOD
EDUCATION
FOUNDATION



LET'S GO COUGARS!



COME OUT TO SHOW YOUR
KENWOOD COUGAR PRIDE
AT THE GLEN ELLEN FAIR!



WEAR YOUR BLACK & GOLD
MARCH WITH US IN THE PARADE!



LET THEM HEAR US ROAR!



CONTACT MOLLY TO JOIN THE PARADE FUN - MOLLYCRUIT@GMAIL.COM OR TEXT 415-283-5141

SUNDAY
8TH
OCTOBER

GLEN ELLEN FAIR
PARADE • RAFFLE • PRIZES

Parade Starts At 12
Booth Open Till 5pm



ADULT MENU: \$5/Lunch

OCTOBER 2023

KENWOOD ELEMENTARY SCHOOL

ALL STUDENT MEALS
ARE FREE FOR THE
'23 - '24 SCHOOL YEAR

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Burger w/ Roasted Potatoes	3 Macaroni & Cheese w/ Breadstick (V)	4 Cheesy Garlic Pull Apart (V)	5 Hot Dog w/ Tater Tots	6 PIZZA DAY!  (Pepperoni pizza contains pork)
9 Rib-b-que Sandwich	10 Baked Pasta Marinara w/ Mozzarella (V)	11 TAMALE DAY! w/ Spanish Rice *CELEBRATE NATIONAL HISPANIC HISTORY MONTH*	12 Corn Dog	13 PIZZA DAY!  (Pepperoni pizza contains pork)
16 Veggie Nuggets w/ a Roll	17 Garlic Butter Veggie Pasta w/ a Roll (V)	18 Taco Bar w/ Arroz Con Queso	19 Hamburger or Cheeseburger	20 PIZZA DAY!  (Pepperoni pizza contains pork)
23 Breakfast for Lunch: Mini Pancakes w/ Sausage or Yogurt	24 Deli Sandwich w/ Pretzels	25 Orange Chicken w/ Rice	26 Bagel w/ Cream Cheese & Yogurt (V)	27 PIZZA DAY!  (Pepperoni pizza contains pork)
30 Bosco Stick w/ Homemade Marinara (V)	31 Alfredo Veggie Pasta w/ a Breadstick (V) *Holiday Cookie*	*Hispanic Heritage Month is celebrated from September 15th to October 15th *Students who receive school lunch will receive a whole grain pumpkin cookie on Halloween.*		

OUR MENUS ARE SUBJECT TO CHANGE

WE OFFER A CHOICE OF 1% MILK OR FAT FREE CHOCOLATE MILK ALONG WITH A VARIETY OF FRUIT & VEGETABLES WITH EACH MEAL

EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. THIS INSTITUTION IS AN EQUAL OPPROTUNITY PROVIDER

IF YOU HAVE ANY QUESTIONS YOU CAN CONTACT THE FOOD SERVICE DEPARTMENT AT (707)542-7375 EX 24010



We are accepting online applications. Please visit www.myschoolapps.com